

THE
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FDA Releases Heavy Metal Test Results in Kratom

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In November 2018, FDA announced that it had tested 26 kratom products with “disturbingly” high heavy metal levels. Also known as *Mitragyna speciosa*, kratom grows naturally in Southeast Asia and has opioid-like properties. Find further info on the topic [here](#).

Besides [concerns](#) regarding kratom’s [opioid-like properties](#), FDA also has [taken action](#) and issued its only [mandatory recall order](#) due to Salmonella contamination.

On April 3, FDA [released a summary](#) of the heavy metal testing – now on 30 products. In his [comment](#) accompanying the data release, Dr. Scott Gottlieb, the outgoing Commissioner of FDA, noted that FDA has “been attempting to work with the companies whose products were found to contain high levels of heavy metals”

FDA’s attention on kratom brings to the fore important reminders for all food and dietary supplement producers regarding raw materials testing, supplier verification and validation, and FDA recall authority.

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